

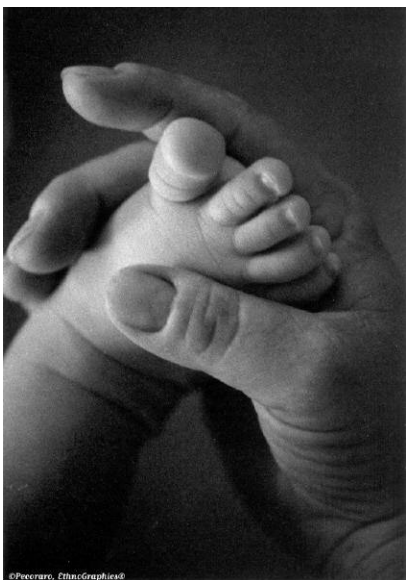


# Newborn Screening Guide

Revised 12/15/05



# Newborn Screening Guide



# Important News on Expanded Newborn Screening

As most of you are aware, SB 24 was passed in the 2005 Legislative Session to expand the number of conditions for which newborn screening is completed in Kentucky. The complete expansion will be effective December 31, 2005, and at that time a total of 29 conditions will be included on the screen which puts Kentucky in line with the national recommendation from the March of Dimes. Changes began in the newborn screening process effective July 2005 and the bullets below highlight important information for submitters of newborn screens and hospitals.

## **For All Submitters of Newborn Screens, including Hospitals:**

- The new technology will detect disorders at 24 hours of age. The optimal specimen should be collected at 24 hours of age, but no later than 48 hours of age.
- If the infant is going to receive a blood transfusion, if possible, get the blood spot specimen prior to giving the transfusion even if the infant is not 24 hours of age.
- Antibiotics need to be documented on the filter paper card but will not automatically require a repeat.
- Demographic information and physician of record should be verified with the parent on the specimen to ensure that the physician and family can be contacted quickly in the situation of a positive screen.
- The specimen needs to be mailed to the state lab within 24 hours of collection, so the mail process at the submitting facility should examine their mailing procedure to assure entry into the USPS (United States Postal Service) as soon as possible after collection.
- There will be an educational presentation available on <https://ky.train.org>

## **Specific to Hospitals:**

- Hospitals are required to have a newborn screening coordinator designated with the Department for Public Health Newborn Screening Program on an annual basis in January. Newborn Nursery nurse managers will be contacted to provide information.
- Hospitals will be required to implement a protocol to assure all newborns receive a newborn screening blood test and submit to the Department for Public Health.
- Hospitals will also be required to provide educational information to parents regarding newborn screening. This information is available on the HRSA website <http://mchb.hrsa.gov/programs/default.htm> and scroll down to Newborn Screening brochure.

## **Follow-Up:**

Short Term follow-up for abnormal or unsatisfactory specimens is conducted by state staff at the Department for Public Health.

### Abnormal Result

- The state lab notifies the follow-up staff of the abnormal result.
- The follow-up staff contacts the primary care physician listed on the NBS filter paper card by telephone with further action and faxes information to their office.
- The Department for Public Health contracts with University of Kentucky and the University of Louisville for specialty clinic referrals.

### Unsatisfactory Specimen

- The laboratory staff mails out results either with a letter explaining to repeat only one test or if no letter is attached, the entire specimen needs to be repeated.
- If a repeat specimen is not received within 10 days, a letter is mailed to the parent explaining that no repeat has been received and to contact their baby's PCP.

After analyzing the data on the T4 levels the new cut off value will be 5.0ug/dL effective December 5, 2005. We will continue to monitor this and may adjust further in the future.

Disorders included in the screen as of December 31, 2005 are:

**Disorders of Amino Acid Metabolism:**

1. Phenylketonuria (PKU)
2. Maple Syrup Urine Disease (MSUD)
3. Homocystinuria (HCY)
4. Citrullinemia (CIT)
5. Arginosuccinic acidemia (ASA)
6. Tyrosinemia type 1 (TYR 1)

**Disorders of Fatty Acid Oxidation**

7. Medium chain acyl-CoA dehydrogenase deficiency (MCAD)
8. Very long chain acyl-CoA dehydrogenase deficiency (VLCAD)
9. Long-chain hydroxyacyl-CoA dehydrogenase deficiency (LCHAD)
10. Short-chain acyl-CoA dehydrogenase deficiency (SCAD)
11. Trifunctional protein deficiency (TFP)
12. Carnitine uptake defect (CUD)

**Disorders of Organic Acid Metabolism**

13. Isovaleric acidemia (IVA)
14. Glutaric acidemia type 1 (GA 1)
15. 3-hydroxy-3-methyl glutaric aciduria (HMG)
16. Multiple carboxylase deficiency (MCD)
17. Methylmalonic acidemia (Cbl A, B)
18. Methylmalonic acidemia mutase deficiency (MUT)
19. Propionic Acidemia (PA)
20.  $\beta$ -ketothiolase deficiency (BKT)
21. 3-Methylcrotonyl-CoA carboxylase deficiency

**Hemoglobinopathies**

22. Sickle Cell Disease
23. Hemoglobin SC Disease
24. Hemoglobin S/ $\beta$ -thalassemia

**Others**

25. Galactosemia
26. Biotinidase deficiency
27. Congenital Adrenal Hyperplasia (CAH)
28. Cystic Fibrosis (CF)
29. Congenital Hypothyroidism (CH)

For more information contact Sandy Fawbush at 502-564-3756 Ext 3761 or [sandy.fawbush@ky.gov](mailto:sandy.fawbush@ky.gov)

**Insert copy of your hospital protocol and submit a copy of protocol and the complete the contact information sheet for the Newborn Screening Coordinator at your facility and mail to:**

**Department for Public Health  
Newborn Screening Program  
275 East Main St HS 2GW-C  
Frankfort, KY 40621**

### Newborn Screening Coordinator Information

Facility Name \_\_\_\_\_

Coordinator Name \_\_\_\_\_

Telephone Number \_\_\_\_\_

Email \_\_\_\_\_

Completed by:

\_\_\_\_\_  
Name Title

Please complete and fax to the Newborn Screening Program 502-584-1510.

# PROPER SPECIMEN COLLECTION PROCEDURE

The filter paper forms should be stored in a cool, dry place. Be sure to take note of the form expiration date printed on the filter paper margin below the circles. The filter paper forms are to be used on or before the expiration date. Destroy all outdated forms immediately and request a new supply from the Kentucky Public Health Laboratory. Order no more forms than can be used in 6 months.

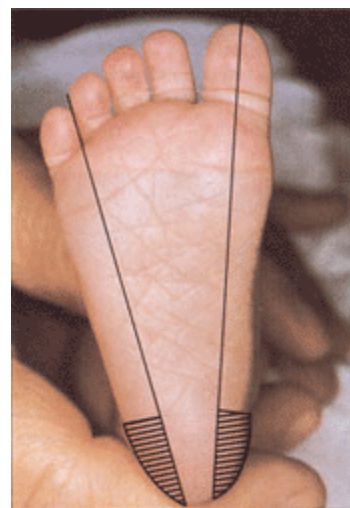
Gloves should be worn for personal safety. Care should be taken to avoid contamination of blood collection circles with antiseptic solutions, powders, lotions or other materials, which may adversely affect the testing process.

1. When collecting blood, fold back the cover sheet to expose the filter paper. Do not touch or handle the filter paper before or after applying blood.
2. Position the infant with feet lowered below the heart to help to increase the blood flow.
3. Warm the heel to increase the blood flow to the area by covering the puncture site for three to five minutes with a warm, moist towel which has been run under tap water at a temperature of not more than 42 degrees centigrade or 107.6 degrees F.

4. Clean the puncture site with a sterile alcohol pad. Allow to air dry. Excess alcohol may cause hemolysis and denature some of the enzymes tested.
5. Use a sterile disposable lancet with a 2.0 mm tip or an automatic lancet to perform a swift clean puncture in the areas indicated on the diagram. Wipe away the first drop of blood with dry sterile gauze.

Recommendation for Heel Puncture Site in Newborns:

Perform punctures on the most lateral portions of the plantar surface (in the hatched portion of the foot in the photo to the right).



Hatched area ( // ) indicates safe areas for puncture site.

6. Allow a large drop of blood to form. To enhance blood flow during collection, very gentle intermittent pressure may be applied to the area surrounding the puncture site. Excessive "milking" causes an admixture of tissue fluids with the blood specimen, resulting in an unsatisfactory specimen.
7. Do not use a capillary tube. Lightly touch the filter paper against a large drop of blood and allow a sufficient quantity of blood to soak through to completely fill the circle. Apply blood to one side of the filter paper only, allowing full saturation of each circle area. Either side may be chosen for this procedure. Fill all circle areas. Do not layer successive small drops of blood to the same circle. Avoid touching or smearing the blood spots.
8. If blood flow is diminished, repeat steps three through six with sterile equipment.
9. Special Considerations: Do not draw from intravenous lines where TPN or blood is being infused. For other types of IV fluids, make sure the line has been thoroughly flushed before attempting specimen collection. Avoid syringes with additives. Draw 2 to 2.5 cc from the line before sample is obtained. Spot the card immediately after specimen collection.
10. Allow the blood specimens to air-dry for at least 3 hours on a flat, nonabsorbent surface protected from heat or direct sunlight. Do not refrigerate the samples.
11. Ship collection forms to the Kentucky Public Health Laboratory after at least 3 hours drying time. Remember to **"Draw, Dry, and Drop (in the mail)."** Do not accumulate or "batch" specimens before shipping since this may result in specimens too old to test. When placing more than one specimen in an envelope, alternate orientation of collection forms so that blood spots on adjacent forms are not in contact. Delayed submission to the laboratory may result in significant delay in identification of an infant with a disorder.
12. After completing the form and collecting the specimen, ship to: Department for Public Health, Division of Laboratory Services, P. O. Box 2010, Frankfort, KY 40602.

The Kentucky Public Health Laboratory assumes responsibility for testing only; whoever submits specimens must assume liability for proper identification, collection and prompt delivery of specimens to the State Lab.





**1**  
Equipment: Sterile lancet with tip approximately 2.0 mm, sterile alcohol prep, sterile gauze pads, soft cloth, blood form, gloves.



**2**  
Complete ALL information. Do not contaminate filter paper circles by allowing the circles to come in contact with spillage or by touching before or after blood collection. Keep "SUBMITTER COPY" if applicable.



**3**  
Hatched area ( ) indicates safe areas for puncture site.



**4**  
Warm site with soft cloth, moistened with warm water up to 41°C, for three to five minutes.



**5**  
Cleanse site with alcohol prep. Wipe DRY with sterile gauze pad.

# Neonatal Screening Blood Specimen Collection and Handling Procedure



**6**  
Puncture heel. Wipe away first blood drop with sterile gauze pad. Allow another LARGE blood drop to form.



**7**  
Lightly touch filter paper to LARGE blood drop. Allow blood to soak through and completely fill circle with SINGLE application to LARGE blood drop. (To enhance blood flow, VERY GENTLE intermittent pressure may be applied to area surrounding puncture site.) Apply blood to one side of filter paper only.



**8**  
Fill remaining circles in same manner as step 7, with successive blood drops. If blood flow is diminished, repeat steps 5 through 7. Care of skin puncture site should be consistent with your institution's procedures.

**9**  
Dry blood spots on a dry, clean, flat, non-absorbent surface for a minimum of four hours.



**10**  
Mail completed form to testing laboratory within 24 hours of collection.



**Schleicher & Schuell**  
P.O. Box 2032, Keene, NH 03421 • 1-800-545-4034 • FAX: 603-357-7000

Information provided by New York State Department of Health

# Simple Spot Check

## Valid Specimen



Allow a sufficient quantity of blood to soak through to completely fill the preprinted circle on the filter paper. Fill all required circles with blood. Do not layer successive drops of blood or apply blood more than once in the same collection circle. Avoid touching or smearing spots.

## Invalid Specimens



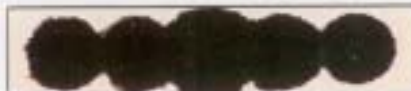
1. Specimen quantity insufficient for testing.



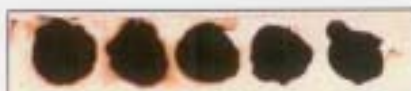
2. Specimen appears scratched or abraded.



3. Specimen not dry before mailing.



4. Specimen appears supernaturated.



5. Specimen appears diluted, discolored or contaminated.



6. Specimen exhibits serum rings.



7. Specimen appears clotted or layered.



8. No blood.

## Possible Causes

- Removing filter paper before blood has completely filled circle or before blood has soaked through to second side.
- Applying blood to filter paper with a capillary tube.
- Touching filter paper before or after blood specimen collection with gloved or ungloved hands, hand lotion, etc.
- Allowing filter paper to come in contact with gloved or ungloved hands or substances such as hand lotion or powder, either before or after blood specimen collection.

- Applying blood with a capillary tube or other device.

- Mailing specimen before drying for a minimum of four hours.

- Applying excess blood to filter paper, usually with a device.
- Applying blood to both sides of filter paper.

- Squeezing or "milking" of area surrounding the puncture site.
- Allowing filter paper to come in contact with gloved or ungloved hands, or substances such as alcohol, formula, antiseptic solutions, water, hand lotion or powder, etc., either before or after blood specimen collection.
- Exposing blood spots to direct heat.

- Not wiping alcohol from puncture site before making skin puncture.
- Allowing filter paper to come in contact with alcohol, hand lotion, etc.
- Squeezing area surrounding puncture site excessively.
- Drying specimen improperly.
- Applying blood to filter paper with a capillary tube.

- Touching the same circle on filter paper to blood drop several times.
- Filling circle on both sides of filter paper.

- Failure to obtain blood specimen.

**Schleicher & Schuell**

Schleicher & Schuell, Inc. • 10 Optical Avenue • Reno, NV 89401  
Manufacturer of 503 Specimen Collection Paper

Information provided by New York State Department of Health



There may be other tests besides those required in your state. More helpful information is available by contacting:

The National Newborn Screening and  
Genetics Resource Center  
(512) 454-6419

[www.genes-r-us.uthscsa.edu](http://www.genes-r-us.uthscsa.edu)

or

Kentucky's Newborn Screening Program  
(502) 564-3756 ext. 3761

<http://chfs.ky.gov/dph/ach/newbornscreening.htm>



# These Tests Could Save Your Baby's Life

## Newborn Screening Tests



### **Why does my baby need Newborn Screening tests?**

Most babies are healthy when they are born.

We test all babies because a few babies look healthy but have a rare health problem.

If we find problems early, we can help prevent serious problems like mental retardation or death.

### **How will my baby be tested?**

Before you leave the hospital, a nurse will take a few drops of blood from your baby's heel. The hospital will send the blood sample to a newborn screening lab.

### **How will I get the results of the test?**

Parents are notified of test results if there is a problem.

Ask about results when you see your baby's health professional.



### **Why do some babies need to be retested?**

Your baby may be retested if you leave the hospital before 24 hours.

Some States require a second test on all babies.

Some babies need to be retested because there is a problem with the blood sample.

A few babies need to be retested because the first test showed a possible health problem.

### **What if my baby needs to be retested?**

Your baby's health professional or the State Health Department will contact you if your baby needs to be retested. They will tell you why the baby needs to be retested and what to do next.

If your baby needs to be retested, get it done right away.

Make sure that your hospital and health professional have your correct address and phone number.

### **What if I have questions?**

Ask your baby's health professional if you have questions or concerns.

### Qué puedo hacer si tengo preguntas?

Si tiene preguntas o dudas, hable con el profesional médico de su bebé.

Es posible que haya pruebas adicionales que el departamento de salud de su estado no requiere. Para más información en inglés, pongase en contacto con:

The National Newborn Screening and  
Genetics Resource Center

(512) 454-6419

[www.genes-r-us.uthscsa.edu](http://www.genes-r-us.uthscsa.edu)

Or

Llame al programa de su estado  
Kentucky's Newborn Screening Program

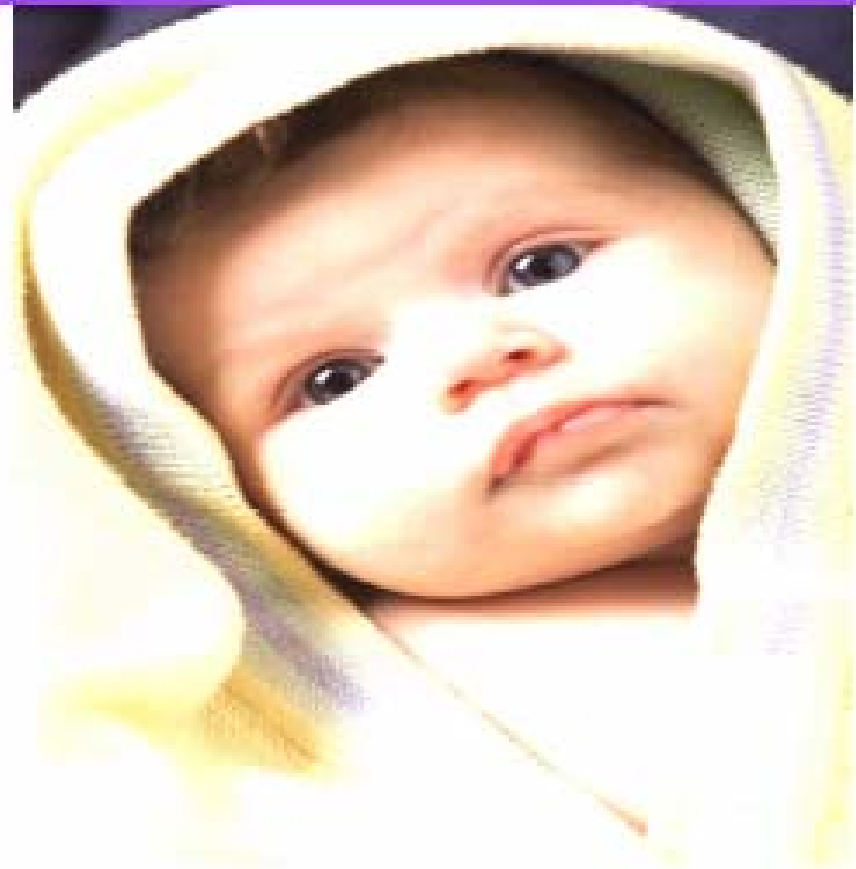
(502) 564-3756 ext. 3761

<http://chfs.ky.gov/dph/ach/newbornscreening.htm>



## Esta Prueba Puede Salvar la Vida de su Bebé

### Newborn Screening Tests



### ¿Por qué mi bebé necesita esta prueba de sangre?

La mayoría de los bebés nacen sanos.

Le hacemos esta prueba a todos los bebés porque a veces hay bebés que parecen sanos pero tienen un problema de salud raro.

### ¿Cómo se hace la prueba?

Antes de que le den de alta a su bebé, un enfermero tomará unas gotas de sangre del talón de su bebé.

El hospital enviará la muestra de sangre a un laboratorio especializado.

### ¿Cómo obtendré los resultados de la prueba?

Si hay algún problema, usted será notificado de los resultados lo más antes posible.

Todos los resultados se envían al profesional médico de su bebé.



### ¿Por qué algunos bebés necesitan más pruebas?

Si le dan de alta a su bebé antes de las 24 horas, es posible que haya que repetir la prueba.

En algunos estados, todos los bebés reciben dos pruebas.

A veces se necesita otra muestra de sangre porque hubo problemas con la primera.

Otras veces se necesita otra muestra de sangre porque la primera mostró la posibilidad de un problema de salud.

### ¿Y si mi bebé necesita otra prueba?

Si su bebé necesita que se repita la prueba, el profesional médico de su bebé o el departamento de salud del estado se pondrán en contacto con usted. Ellos le dirán por qué su bebé necesita otra prueba y lo que usted tiene que hacer.

Asegúrese que el hospital y su profesional médico tengan su número de teléfono y dirección.



ERNIE FLETCHER  
GOVERNOR

**CABINET FOR HEALTH AND FAMILY SERVICES**  
DEPARTMENT FOR PUBLIC HEALTH  
DIVISION OF  
ADULT AND CHILD HEALTH IMPROVEMENT  
275 EAST MAIN STREET, HS2W-C  
FRANKFORT, KENTUCKY 40621  
(502) 564-3756, (502) 564-1510 FAX

Mark D. Birdwhistell  
Secretary

## Laboratory Contact Information

YOU SHOULD RECEIVE AN OFFICIAL COPY OF THE NEWBORN SCREENING LAB RESULTS BUT SHOULD YOU NEED A COPY PLEASE FAX COMPLETED REQUEST FORM TO THE NUMBER BELOW:

FAX REQUEST FOR RESULTS: FAX # 502-564-2905

A COPY OF REQUEST FORM TO BE COMPLETED INCLUDED IN THIS BINDER.

TO ORDER SPECIMEN COLLECTION FORMS: 502-564-4446 EXT 4440

LABORATORY STAFF: 502-564-4446 EXT. 4434

## Short Term Follow-Up (prior to university referral) Contact Information

Sandy Fawbush, RN: Phone: 502-564-3756 Ext. 3761  
Troi Cunningham, RN 800-462-6122 Ext. 3761  
Mary Sue Flora, RN [sandy.fawbush@ky.gov](mailto:sandy.fawbush@ky.gov)

Newborn Screening Program Fax: 502-564-1510



## PROVIDER FAX REQUEST FOR LABORATORY INFORMATION

Date: \_\_\_\_\_

Please verify that all information below is completed accurately and legibly. We also request that you include a telephone number where you can be reached in the event we have questions and a fax number so you can receive the information you've requested. Thank you.

Infant Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Mother's SSN: \_\_\_\_\_

Requested Lab  
Values: \_\_\_\_\_  
\_\_\_\_\_

Who is making this request?

PCP Name: \_\_\_\_\_

PCP Phone: (\_\_\_\_) \_\_\_\_\_

PCP Fax # (so request can be processed): \_\_\_\_\_

PCP Address: \_\_\_\_\_  
\_\_\_\_\_

CONFIDENTIALITY NOTE: This facsimile message is intended only for the use of the individual or entity to which it is addressed and may contain confidential information that is legally privileged and exempt from disclosure and under applicable law. If the reader of this message is not the intended recipient, you are notified that any dissemination, distribution or copying of this communication is strictly prohibited. If you have received this communication in error, please notify us immediately by telephone and return same to us at the above address via the U.S. Postal Service. Thank you.

# Newborn Screening Program

## Resources for Metabolic Disorders

### Amino Acid Disorders, Organic Acid and Fatty Acid Disorders

Clinic	Staff	Phone
<p><b>University of Kentucky</b> Lexington, KY</p> <p><b>Primary Contact Number</b> <b>(859) 323-5404</b></p> <p>Primary Contact Carol Reid MT (ASCP), MPA</p> <p><b>Emergency after hours:</b> <b>(800) 888-5533</b> <b>(Page metabolic/newborn screening physician)</b></p>	<p>Carol Reid, MT (ASCP), MPA</p> <p>C. Charlton Mabry, MD</p> <p>Carolyn Bay, MD</p> <p>Fax:(859) 323-8179</p>	<p>(859) 323-5404</p> <p>(859) 323-5404</p> <p>(859) 257-5559</p>
<p><b>University of Louisville</b> Louisville, KY</p> <p>(502) 852-3879</p> <p><b>Primary Contact Number</b> <b>(502) 852-5334</b></p> <p><b>Emergency after hours: (502) 562-9914</b> <b>beeper</b></p>	<p>Joseph Hersh, MD MD</p> <p>Gordon Gowans,</p> <p>Alexander Asamoah, MD</p> <p>Karen Kinkus, RD</p> <p>Fax: (502) 852-7886</p>	<p>(502) 852-5334</p> <p>After hours pager # (502) 562-9914</p> <p>(502) 852-3879</p>

# Newborn Screening Program

## Resources for Cystic Fibrosis

Clinic	Staff	Phone
<p><b>University of Kentucky</b> Division of Pediatric Pulmonology</p> <p>Carol Reid MT (ASCP), MPA <b>(859) 323-5404</b></p> <p><b>Emergency after hour:</b> <b>(800) 888-5533 (ask for pediatric pulmonology on call)</b></p>	<p>Carol Reid, MT, (ASCP), MPA</p> <p>Michael Anstead, MD</p> <p>Jamshed F. Kanga, MD</p> <p>Fax: (859) 257-1888</p>	<p>(859) 323-5404</p> <p>(859) 257-5536</p>
<p><b>University of Louisville</b> Pediatric Pulmonary Medicine <b>(502) 629-8830</b></p> <p><b>Emergency after hours: (502) 629-6000</b> <b>(Page pediatric pulmonology)</b></p>	<p>Martha Eddy, CPNP</p> <p>Ronald Morton, MD</p> <p>Nehm Eid, MD</p> <p>Fax: (502) 629-7540</p>	<p>(502) 629-8830</p> <p>(502) 629-8830</p>

## Newborn Screening Program Resources for Endocrinology

(Congenital Adrenal Hyperplasia, Congenital Hypothyroidism)

Clinic	Staff	Phone
<p><b>University of Kentucky</b> <b>(859) 323-5404</b></p> <p>Dept. of Pediatrics Endocrinology and Metabolism</p> <p>Carol Reid MT, (ASCP), MPA</p> <p><b>Emergency after hours: (800) 888-5533</b> <b>(ask for Pediatric Endocrinology)</b></p>	<p>Carol Reid MT, (ASCP), MPA (859) 323-5404</p> <p>Jeff Lomenick, MD (859) 323-5404</p> <p>Jackson Smith, MD</p> <p>Fax: (859) 323-8179</p>	
<p><b>University of Louisville</b> <b>(502) 629-8821</b></p> <p>Pediatric Endocrinology</p> <p><b>Emergency after hours: 502-629-6000 or</b> <b>(800) 292-2759</b> <b>(Page pediatric endocrinology)</b></p>	<p>Lee Ann Tincher, RN (502) 629-8821</p> <p>Michael Foster, MD (502) 629-8821</p> <p>Aaron Davis, MD</p> <p>Kellie Woodruff, ARNP</p> <p>Fax: (502) 629-8824</p>	

# Newborn Screening Program

## Resources for Hemoglobinopathies

(Hb S/S, Hb S/A, Hb S/C)

Clinic	Staff	Phone
<b>University of Kentucky Pediatric Hematology/Oncology Phone: (859) 323-8075</b>  <b>Emergency after hours: (800) 888-5533 (ask for pediatric hematology)</b>	Lisa Hess, ARNP  Jeff Moscow, MD  Fax: (859) 257-8978	(859) 323-8075  (859) 323-0239
<b>University of Louisville Pediatric Hematology/Oncology Phone (502) 629-7750</b>  <b>Emergency after hours: (502) 629-6000 (Page pediatric hematology)</b>	Diane Burnett, PNP  Salvatore Bertelone, MD  Fax: (502) 629-7784	(502) 629-7750  (502) 629-7750



# Newborn Screening Program

## Resources for Newborn Hearing and Screening

Location	Clinic	Consultant	Phone
Louisville, KY (877) 757-4327	Commission for Children with Special Health Care Needs 982 Eastern Parkway Louisville, KY 40217  (877) 757-4327	Karen Mercer, RN  Michelle King (877) 757-4327 (HEAR) Ext. 258  (800) 232-1160 Ext. 323	
Central Region (800) 232-1160	Commission for Children with Special Health Care Needs 982 Eastern Parkway Louisville, KY 40217  (800) 232-1160	Eric Cahill (800) 232-1160 Ext. 322	
East Region (800) 817-3874	Commission for Children with Special Health Care Needs 333 Waller Ave. Ste 300 Lexington, KY 40504  (800) 817-3874	Lou Ann Jones (800) 817-3874 Ext. 225  Fax: (859) 225-7155	
West Region (800) 727-9903	Commission for Children with Special Health Care Needs 712 West 15 <sup>th</sup> St. Hopkinsville, KY 42240  (800) 727-9903	Carolyn Kisler (800) 727-9903  Fax: (270) 889-6050	

# DISORDERS

Test name	Test Abbreviation	Category
3-methylcrotonyl CoA Carboxylase deficiency	3MCC	Organic Acid Disorders
Argininosuccinic Acidemia	ASA	Amino Acid Disorders
Beta ketothiolase deficiency	BKT	Organic Acid Disorders
Biotinidase Deficiency	BIO	Other
Carnitine uptake defect	CUD	Fatty Acid Oxidation
Citrullinemia	CIT	Amino Acid Disorders
Congenital Adrenal Hyperplasia	CAH	Endocrine
Congenital Hypothyroidism	CH	Endocrine
Cystic Fibrosis	CF	Other
Galactosemia	GALT	Other
Glutaric acidemia type 1	GA-1	Organic Acid Disorders
Hemoglobin S-β-thalassemia	Hb S/Th	Hemoglobin
Hemoglobin S/C disease	Hb S/C	Hemoglobin
Homocystinuria	HCY	Amino Acid Disorders
Hydroxymethylglutaric aciduria (3-OH 3-CH <sub>3</sub> glutaric aciduria)	HMG	Organic Acid Disorders
Isovaleric acidemia	IVA	Organic Acid Disorders
Long-chain L-3-hydroxyacyl-CoA dehydrogenase	LCHAD	Fatty Acid Oxidation
Maple Syrup Urine Disease	MSUD	Amino Acid Disorders
Medium-chain acyl-CoA dehydrogenase deficiency	MCAD	Fatty Acid Oxidation
Methylmalonic acidemia	Cbl A, B	Organic Acid Disorders
Methylmalonic acidemia mutase deficiency	MUT	Organic Acid Disorders
Multiple carboxylase deficiency	MCD	Organic Acid Disorders
Phenylketonuria	PKU	Amino Acid Disorders
Propionic Acidemia	PA	Organic Acid Disorders
Short-chain acyl-CoA dehydrogenase deficiency	SCAD	Fatty Acid Oxidation
Sickle cell disease	HB S/S	Hemoglobin
Trifunctional protein deficiency	TFP	Fatty Acid Oxidation
Tyrosinemia type I	TYR I	Amino Acid Disorders
Very long-chain acyl-CoA dehydrogenase deficiency	VLCAD	Fatty Acid Oxidation

# Health Care Provider Fact Sheets



# HEALTH CARE PROVIDER FACT SHEETS

<b>Disease Name</b>	<b>3-methylcrotonyl-CoA carboxylase deficiency</b>
<b>Alternate name(s)</b>	3-methylcrotonylglycinuria
<b>Acronym</b>	3-MCC
<b>Disease Classification</b>	Organic Acid Disorder
<b>Variants</b>	Late-onset form
<b>Variant name</b>	Late-onset 3-methylcrotonyl-CoA carboxylase deficiency
<b>Symptom onset</b>	Many individuals remain asymptomatic into adulthood. Others present in late infancy (generally after 3 months).
<b>Symptoms</b>	Infants can present with a Reye-like syndrome of ketoacidosis, hypoglycemia, hyperammonemia which can lead to seizures, coma and possibly death. Others present with failure to thrive, hypotonia or spasticity. Late-onset 3-MCC may present as developmental delay without Reye-like syndrome. Symptomatic adults often report general weakness and fatigue. Many individuals are asymptomatic.
<b>Natural history without treatment</b>	Primary manifestations appear to be muscular hypotonia and atrophy. Individuals with Reye-like illnesses may die or suffer neurologic insult during these episodes.
<b>Natural history with treatment</b>	Once over the initial crisis, most individuals have been intellectually normal. It is uncertain whether treatment modifies disease course.
<b>Treatment</b>	Protein restricted diet. Leucine-free medical foods. Possible carnitine supplementation. Giving treatment to asymptomatic individuals is of questionable value.
<b>Other</b>	Newborn screening has led to the diagnosis of asymptomatic women whose infants have transiently elevated isovalerylcarnitine.
<b>Physical phenotype</b>	None
<b>Inheritance</b>	Autosomal recessive
<b>General population incidence</b>	1:50,000
<b>Ethnic differences</b>	No known population at increased risk
<b>Population</b>	N/A
<b>Ethnic incidence</b>	N/A
<b>Enzyme location</b>	Inner membrane of the mitochondria, liver and kidney.
<b>Enzyme Function</b>	Breakdown of leucine
<b>Missing Enzyme</b>	3-methylcrotonyl-CoA carboxylase
<b>Metabolite changes</b>	Increased 3-hydroxyisovaleric acid, increased 3-methylcrotonylglycine.
<b>Gene</b>	MCCA/MCCB
<b>Gene location</b>	3q25-q27, 5q12-q13.1
<b>DNA testing available</b>	Sequencing available internationally
<b>DNA testing detail</b>	No common mutations
<b>Prenatal testing</b>	May be possible for at-risk pregnancies using enzymatic analysis.
<b>MS/MS Profile</b>	C5:1 (tigyl or 3-methylcrotonyl carnitine) elevated C5-OH (3-hydroxy-2-methylbutyryl carnitine)- elevated
<b>OMIM Link</b>	<a href="http://www.ncbi.nlm.nih.gov/entrez/dispomim.cgi?id=210200">www.ncbi.nlm.nih.gov/entrez/dispomim.cgi?id=210200</a>
<b>Genetests Link</b>	<a href="http://www.genetests.org">www.genetests.org</a>
<b>Support Group</b>	Organic Acidemia Association <a href="http://www.oaanews.org">www.oaanews.org</a> Save Babies through Screening Foundation <a href="http://www.savebabies.org">www.savebabies.org</a> Genetic Alliance <a href="http://www.geneticalliance.org">www.geneticalliance.org</a>

12/1/05 Update

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